

## Infant/Toddler Starfish Newsletter

### September

### Theme: Community Helpers

#### Target Skills

- Put things in a container and take things out of a container
- Grasp and use writing utensils with some accuracy
- Demonstrate strength, coordination and control in pincer grasp and pointer finger use
- Start to use common objects correctly



#### Language & Concepts

- Take turns with adult gesture and verbal prompts
- Listen to stories and point to pictures or things when named
- Show enjoyment of sounds and rhythms in language

#### Ways Parents Can Help

- Please bring in any empty cardboard boxes that you may have! We would love to use them for some fun activities!
- Throughout the day please practice signing “more”, “please”, “all done” and “thank you”!

#### Dates & Reminders

- Please label ALL your child's belongings with their name (bottles, food containers, etc.)
- We are a shoe free classroom. Kindly remove your shoes before entering.
- MMCC is **CLOSED** on Labor Day





# Infant/Toddler Starfish Curriculum

Month: September

Monthly Theme: Community Helpers

Weekly Theme: Emergencies (Police, Firemen, 911)



DEVELOPMENT AREAS	Goal	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Circle Time Activities</b>	-Listen to stories and pointing to pictures -Attend to group activities	This week in circle we will: Read: <u>Let's Meet a Police Officer</u> by Gina Bellisario and <u>Firefighter Frank</u> by Monica Wellington Sing: "Hurry, Hurry Drive the Firetruck", "Five Little Policemen" Sign and say: "Safe", "Fire", "Please", "Help"				
<b>Language and Communication</b>	-Try to say words you say -Point to things or pictures named -Sign language	Closed	<b>Where's The Firetruck?</b> As we read "Firefighter Frank" we will point to the cool firetrucks!	<b>EMERGENCY!</b> We will try our hardest to say/sign "fire or hot" when a fire alarm or siren goes off <b>Wee-Ooo,</b>	<b>I Want...</b> Our little friends will point to their favorite emergency vehicles!	<b>I'm Safe!</b> We will practice saying/signing "safe" when the fire alarm stops
<b>Social Emotional Development</b>	-Play simple pretend -Take turns with adult gesture and verbal prompts -Imitate peers and adults	Closed	<b>Firefighter!</b> Kiddos will take turns wearing the firefighter hat as they pretend to spray the hose	<b>Wee-Ooo</b> We will practice imitating the sound of our favorite emergency vehicle <b>The Fire Alarm!</b> Where is the fire alarm? We will practice looking for it in the classroom	<b>Drive, Drive!</b> Our little friends will pretend to be EMT's by driving the ambulance around! <i>Watch out!</i>	<b>Pass The Truck!</b> We will take turns passing the fire truck to our friends.
<b>Cognitive Development (Learning, Thinking, Problem Solving)</b>	-Start to use common objects correctly -Put objects in and out of a container -Look for objects visibly hidden by adult -Point to objects when named -Assist in gathering and putting away toys	Closed	<b>Where Does The Cop Belong?</b> We will play with different first responders and practice placing them in their vehicles!	<b>Where is the fire alarm?</b> We will practice looking for it in the classroom	<b>Today I Want To Be...</b> Kiddos will play with their favorite first responder dolls! Today I am a cop!	<b>Where Is The Traffic Light?</b> Our small friends will look and point to the traffic light in the classroom!
<b>Self Help</b>	-Show increased integration of sensory stimulation	<b>Clean Up Clean Up Everybody Everywhere!</b> Kiddos will help their teacher put away toys during activity transitions				
<b>Sensory Activity</b>		<b>Put The Fire Out!</b> We will create our own fire using shaving cream and red/orange paint, then we will put it out by adding water to it!				
<b>Fine Motor/ Art Activities</b>	-Demonstrate strength, coordination, and control in pincer grasp and pointer finger -Explore things in different ways -Engage in a variety of daily physical activities	Closed	<b>Officer Badge!!</b> Kiddos will create their own badges using stickers!	<b>Fire! Fire!</b> We will make fire art with red and orange finger paint!	<b>Paper Plate Police Car!</b> We will make a police car with a paper plate and blue finger paint!	<b>Traffic Light!</b> We will create our own traffic light using different tissue paper!
<b>Music and movement (Gross Motor)</b>	-Participate in music, rhythm and song and display enjoyment -Insert puzzle pieces	Closed	<b>Hurry, Clap!</b> Our small friends will clap their hands as we sing "Hurry, Hurry, Drive the Firetruck!"	<b>Follow The Picture!</b> Kiddos will practice inserting the correct vehicle into the puzzle!	<b>Five Little Policemen!</b> We will dance/sway as teachers sing "Five Little Policemen"	<b>Count With Mel</b> We will practice counting down using our fingers as we sing " 5 Little Policemen"



# Infant/Toddler Starfish Curriculum Month: September

Monthly Theme: Community Helpers

Weekly Theme: Medical (Doctors, Nurses, Dentist)



DEVELOPMENT AREAS	Goal	Monday	Tuesday	Wednesday	Thursday	Friday	
<b>Circle Time Activities</b>	-Attend to group activities for brief periods of time -Participate in music, rhythm and song and display enjoyment	This week in circle: Read: <u>The Tooth Book</u> by Leo LeSeig and <u>Eyes, Nose, Finger and Toes</u> by Judy Hindley Sing: "Tooth Brushing Song" and "The Doctor in the Clinic" Sign and say: "Ouch", "Please", "Thank you"					
<b>Language and Communication</b>	-Listen to stories and point to pictures or things when named -Show enjoyment of sounds and rhythms in language -Identify body parts	<b>Where Is Baby's Nose?</b> We will point to the baby's nose in the story. Now point to your nose!  <b>Where Are Your Teeth?</b> Can you give us a big smile and point to your teeth?	<b>Bones!</b> We will look at x-rays and point to the body parts we see in the x-rays on ourselves! Let's try to label them too!  <b>Brush My Teeth!</b> Kiddos will try to imitate their teachers brushing their teeth!	<b>The Tooth Brushing Song!</b> We will clap/sway as our teachers sing the Tooth Brushing Song!	<b>Where Is The Tooth?</b> We will listen to our teachers read <u>The Tooth Book</u> . Can you point to the picture of the tooth?	<b>Bones!</b> We will look at x-rays and point to the body parts we see in the x-rays on ourselves! Let's try to label them too!  <b>X-Rays!</b>	
<b>Social Emotional Development</b>	-Imitate peers and adults in a variety of ways -Take turns with adult's gestures and verbal prompts -Point to one or more body parts on self or others			<b>Little Doctors!</b> We will pretend to be medical personnel as we explore doctor items. Make sure to give your friend a turn when you are done!  <b>Healthy Foods!</b>	<b>Brushing Baby's Teeth!</b> We will watch our teachers brush the baby dolls teeth. Then we will give it a try!	<b>X-Rays!</b> We will look at x-ray cards. Can you point to your head? Now, your toes!	
<b>Cognitive Development (Learning, Thinking, Problem Solving)</b>	-Put things in a container and take things out of a container -Show increased integration of sensory stimulation	<b>Doctor's Kit!</b> We will fill the doctors kit with a stethoscope, thermometer and other various tools! What items will you choose!	<b>Frozen Teething Toys!</b> We will explore frozen teething toys with our mouth! How does it feel when you bite it?	We will touch and explore different fruits and vegetables! Which one is your favorite!	<b>What Is A Toothbrush?</b> We will explore different textures by exploring a tooth brush!	<b>Doctors or Dentist Office?</b> Kiddos will sort different objects and images into a doctor and dentist bucket!	
<b>Self Help</b>	-Help adult with physical and personal care (wash hands, dressing/undressing)	<b>Wash My Hands!</b> As we sing "The Handwashing Song", we will practice washing our hands with help from our teachers!					
<b>Sensory Activity</b>	-Show increased integration of sensory stimulation	<b>Fun In The Sensory Bin!</b> We will use our senses to explore band aids, cotton swabs, and gauze in the sensory bin!					
<b>Fine Motor/ Art Activities</b>	-Grasp and use writing utensils with some accuracy -Demonstrate strength, coordination and control in pincer grasp and pointer finger use -Imitate fine motor movements	<b>Eye Dropper Creations!</b> Our friends will create colorful art with eye droppers and water colors!	<b>Toothbrush Painting!</b> We will use a toothbrush and toothpaste to paint a tooth cutout!	<b>Blowing Kisses!</b> Kiddos will imitate their teachers blowing kisses!	<b>Sticky Teeth!</b> We use our pincer grasp to stick cotton balls onto a tooth cutout	<b>X-Ray!</b> We will make hand prints on paper with white paint!	
<b>Music and Movement (Gross Motor)</b>	-Participate in music, rhythm and song and display enjoyment -Stack blocks up to 3 high -Engage in physical activity demonstrating strength and stamina	<b>Head And Shoulders!</b> Let's do the motions to "Head, Shoulders, Knees and Toes" as our teachers sing the song!	<b>Play Catch!</b> Can you throw the ball to your friend? Put your arms out to catch the ball!	<b>Dancing Doctors!</b> Our teachers will sing "The Doctor In The Clinic". Let's show them our cool dance moves!	<b>Parachute Play!</b> Let's help our teachers shake the parachute!	<b>Apples &amp; Bananas!</b> We dance and sway to our teachers singing "Apples and Bananas"!	



# Infant/Toddler Starfish Curriculum

Month: September

Monthly Theme: Community Helpers

Weekly Theme: Delivery (Post Office)



DEVELOPMENT AREAS	Goal	Monday	Tuesday	Wednesday	Thursday	Friday	
<b>Circle Time Activities</b>	-Attend to group activities for brief periods of time -Show enjoyment of sounds and rhythms in language	This week in circle we will: Read: <u>Delivering Your Mail</u> by Ann Owen and <u>To the Post Office with Mama</u> by Sue Farrell Sing: "Five Little Letters" and "The Letter Carrier" Sign and say: "Box", "Mail", "Open", "Please"					
<b>Language and Communication</b>	-Point to pictures or things when named -Try to repeat words you say	<b>Where's The Mail Carrier?</b> As teachers read <u>Delivering Your Mail</u> , we will point to the mail man when asked	<b>Box!</b> Our teachers will point to and say "box". Then we will give it a try!	<b>Where's Mama?</b> We will point to the mom in the book, as teachers read <u>To the Post Office with Mama</u>	<b>Open!</b> As we open different packages, we will try to say and sign "open!"	<b>Mail Truck!</b> We will point to the mail truck as teachers read <u>Delivering Your Mail</u>	
<b>Social Emotional Development</b>	-Hand things to others as play -Play simple pretend -Explore alone; checking in with familiar adult for reassurance	<b>Newspaper Delivery!</b> We will deliver newspapers to our classmates! Can you hand it to your friend! <b>Package Sorting!</b>	<b>Drive The Mail Truck!</b> We will pretend to drive a mail truck. Let's deliver all this mail!	<b>Mailing Supplies!</b> We will explore tape, stamps, paper, and boxes! Make sure to give your teacher a big smile!	<b>Letter Carriers!</b> We will pretend to be mail carriers! Let's dress up and deliver this mail!	<b>Package Delivery!</b> We will deliver packages to our classmates! Can you hand the box to your friend?	
<b>Cognitive Development (Learning, Thinking, Problem Solving)</b>	-Begin to show interest in matching colors, shapes and size -Look for objects an adult has visibly hidden -Consistently use common objects correctly (looking at picture books)	We will sort packages by size! Let's put all the big ones together!	<b>Find The Newspaper!</b> We will look for the newspaper our teacher has hidden in the classroom! Where did it go?	<b>Turn Those Pages!</b> As we read <u>To The Post Office With Mama</u> , we will help our teacher turn the pages!	<b>Letter Sorting!</b> We will sort letters by color and place them into bins. Now they are ready to be mailed!	<b>Letter Scavenger Hunt!</b> Can you find the envelopes your teacher has hidden? Where did they go?	
<b>Self Help</b>	-Assist in gathering and putting away toys and naptime items	<b>Do Your Share!</b> As teachers sing "The Cleanup Song", we will help them put the toys away!					
<b>Sensory Activity</b>	-Show increased integration of sensory stimulation	<b>Mail Theme Sensory Bin!</b> Children will explore envelopes, bubble wrap and packing peanuts in the sensory table!					
<b>Fine Motor/ Art Activities</b>	-Put things in a container and take things out of a container -Grasp and use writing utensils with some accuracy -Demonstrate strength, coordination and control in pincer grasp and pointer finger use	<b>Letter Send Off!</b> Kiddos will place letters in the classroom mailbox!	<b>Open It Up!</b> We will open wrapped packages! Use your fingers to tear the wrapping paper! <b>The Letter Carrier!</b>	<b>Stamps!</b> We will use crayons and markers to create our own stamps!	<b>What's In The Envelope!</b> We will use our pincer grasp to open envelopes. Let's see what's hiding inside! <b>Five Little Letters!</b>	<b>Newspaper Tear!</b> We will use our fingers to tear newspaper!	
<b>Music and Movement (Gross Motor)</b>	-Stack blocks up to 3 high -Begin to participate in music, rhythm and song and display enjoyment -Throw a ball	<b>Stack Those Boxes!</b> Let's stack these boxes up to 3 high!	We will dance/sway to "The Letter Carrier" song!	<b>Knock It Down!</b> Show me how you throw the ball! Can you knock down the tower of boxes! Now, stack them up again!	Kiddos will dance/sway to the song "Five Little Letters"!	<b>Bubble Wrap Dancing!</b> We will dance to the rhythm of music as the bubble wrap pops beneath our feet!	



# Infant/Toddler Starfish Curriculum

Month: September

Monthly Theme: Community Helpers

Weekly Theme: Veterinarians



DEVELOPMENT AREAS	Goal	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Circle Time Activities</b>	-Listen to stories and pointing to things or pictures when named -Repeat some words with accuracy	This week in circle we will: Read: <u>Olivia Becomes A Vet</u> by Alex Harvey and <u>Sally Goes To The Vet</u> by Stephen Huneck Sing: "The Parts of the Dog" and "BINGO" Sign and say: "Fish", "Dog", "Please", "Thank you"				
<b>Language and Communication</b>	-Try to say words you say -Listen to stories and point to things or pictures when named -Show enjoyment of sounds and rhythms in language	<b>Where's The Puppy?</b> Kiddos will try to say/sign the word "puppy/dog" when they see a picture of a dog	<b>What's Your Favorite Animal?</b> We will point to our favorite animals as our teachers read <u>Sally Goes to the Vet</u> .	<b>Where's Your Nose?</b> With the help of teachers kiddos will practice pointing the different body parts of a dog. You found his nose! Where's your nose? <b>She's My Favorite!</b>	<b>Fishy! Fishy!</b> Kiddos will look and point to the fish tanks around the room. Can you say fish or sign it by flapping your hand to the side?	<b>Can I Have That Please?</b> We will practice saying/signing the word "please" when we want something.
<b>Social Emotional Development</b>	-Play simple pretend -Take turns with adult gestures -Point to show what he/she wants	<b>Dog walk!</b> Kiddos will help walk the dog after their visit to the vet using puppets and yarn!	<b>Let Me Help Too!</b> We will pass the puppy around to each other as we place band aids on it. <b>Feed better pup! Feed The Pup!</b>	Our Friends will point to their favorite animals in our stories!	<b>Vet Quest!</b> Kiddos will become vets in our dramatic play area. Let's help check our little animal friends! <b>Our Visit To The Vet!</b>	<b>Where is...</b> Kiddos will try their hardest to point to the animals their teachers have named. <b>Vet Med</b>
<b>Cognitive Development (Learning, Thinking, Problem Solving)</b>	-Consistently use common objects -Place objects inside and out of container -Begin to show interest in matching colors shapes and sizes	<b>Grooming!</b> Kiddos will help keep the animals clean by brushing their fur!	The puppy (puppet) is so hungry! Can we feed him some treats!	<b>Big or small?</b> Our small friends will practice placing different animals in different sized cages using small and big boxes!	Kiddos will take a visit to the Vet with Sally in the story "Sally Goes To The Vet"	Kiddos will create their own medicine for the animals while placing pompoms in and out of bottles
<b>Self Help</b>	-Feed self, using eating utensils	<b>Eat Eat!</b> We will practice using eating utensils during meal times!				
<b>Sensory Activity</b>	-Show increased integration of sensory stimulation	<b>Fish Sensory Bags!</b> We will create our own fish tank sensory bags for kiddos to explore!				
<b>Fine Motor/ Art Activities</b>	-Demonstrate strength, coordination and control in pincer grasp and pointer finger use -Explore things in different ways	<b>My Pet Goldfish!</b> We will create our own fish tanks using blue paint and goldfish!	<b>Woof! Woof!</b> Kiddos will create their own paper bag puppies using different sizes and shapes of paper	<b>I'm A Vet!</b> Kiddos will create their own personalized Vet coat using stickers!	<b>Collar Fun!</b> Kiddos will create a collar for their favorite animal!	<b>Safety First!</b> Kiddos will create their own vet kit using different pictures and materials, like band aids! <b>Parts Of A Dog!</b>
<b>Music and Movement (Gross Motor)</b>	-Insert puzzle pieces and shapes with hand over hand support -Participate in music, rhythm, and song and display enjoyment -Stack blocks up to 3 high	<b>Animal Puzzle!</b> Kiddos will practice placing the correct animal piece into the puzzle!	<b>B-I-N-G-O!</b> We will dance/sway as teachers sing "BINGO"	<b>My Vet Clinic!</b> We will create our own veterinarian clinic using blocks	<b>Dog Puzzle!</b> We will try to fit the pieces correctly into the dog puzzle!	We dance/sway to the song "The Parts of a Dog"